

## KATHY L. RUHL

Department of Educational Psychology, Counseling,  
and Special Education  
The Pennsylvania State University  
208 CEDAR Building  
University Park, PA 16802-3109

Updated: March 2014  
Graduate Faculty Member

814/863-2012      814/865-7066 Fax  
[klr3@psu.edu](mailto:klr3@psu.edu)

### Education

BA	1971	University of Kentucky	Elementary Education
MEd	1973	University of Louisville	Special Education-Behavior Disorders
PhD	1983	University of Florida	Special Education

### Professional Experiences

2004-2011	Penn State, <b>Department Head</b> Educational and School Psychology and Special Education
2002 (Summer)	Muskingum College, New Concord OH, <b>Visiting Professor</b>
2000-present	Penn State, <b>Professor</b> of Special Education
1998	Mico Teachers College, Kingston, Jamaica, <b>Visiting Professor</b>
1993-2000	Penn State, <b>Associate Professor</b> of Special Education
1992-98	Penn State, <b>Coordinator of Teacher Education</b> in Special Education
1988 (Summer)	University of Hawaii, <b>Visiting Professor</b>
1986	The University of South Florida, <b>Visiting Assistant Professor</b> of Special Ed
1985-1993	Penn State, <b>Assistant Professor</b> of Special Education
1983-85	University of Florida, Multidisciplinary Diagnostic and Training Program, <b>Liaison Consultant Teacher</b>
1981-83	University of Florida, Department of Special Ed, <b>Graduate Assistant</b>
1977-81	Charlotte-Mecklenburg Schools, Charlotte, NC, Emotional/Behavioral Adjustment Program (E/BA), <b>Liaison Teacher</b>
1979	Charlotte-Mecklenburg Schools/U of North Carolina, Charlotte, NC, <b>Instructor</b>
1973-77	Jefferson County Board of Education, Louisville, KY, <b>Teacher</b>
1972-73	Louisville Independent Schools, Louisville, KY, <b>Senior Teacher's Associate</b>

### Professional Associations

Association for Behavior Analysis (ABA)  
International Association for Research in Learning Disabilities, 1983-88 (Fellow)  
American Association of Colleges of Teacher Education (AACTE)  
The Council for Exceptional Children (CEC)  
    Council for Children with Behavior Disorders (CCBD)  
    Division for Learning Disabilities (DLD)  
    Division for Research (DR)  
    Teacher Education Division (TED)  
    Division for Diverse Exceptional Learners (DDEL)  
PA Council for Children with Behavior Disorders (Secretary 1987-88; President Elect 1988-89; President 1989-90; Past-President 1990-91)  
PA Federation of the Council for Exceptional Children  
    Executive Board Member, 1988-90  
    Subcommittee on Communications and Membership, 1989-90  
    Subcommittee on State Standards and Regulations, 1989-90

International Association of Special Education (IASE)

### Courses Taught

#### Penn State

SPLED 295 Internship  
 SPLED 401 ABA: Motivating and Managing Exceptional Learners  
 SPLED 470 Teaching Students with Emotional Disorders  
 SPLED 495 Internship  
 SPLED 496 Independent Studies  
 SPLED 498 Special Topics  
 SPLED 500 Seminar in Special Education (for master's student)  
 SPLED 500 Seminar in Special Education (for doctoral students)  
 SPLED 503B ABA2: two sessions of 6  
 SPLED 540 Introduction to Doctoral Study in Special Education  
 SPLED 570 Problems in the Education of the Emotionally Disturbed  
 SPLED 594 Research Topics  
 SPLED 595A Practicum  
 SPLED 595B Field Experiences in Off-Campus Laboratories  
 SPLED 595C Internship in Special Education Supervision  
 SPLED 602 Supervisory Experience/College Teaching

### Publications

#### Refereed

Ruhl, K. L., Hughes, C. A., & Wimberley, L. G. (1984). Physical intervention with emotionally handicapped students: Issues and best practices. Monograph in Behavior Disorders, 7, 40-47. Reston, VA: Council for Children with Behavioral Disorders.

Ruhl, K. L., & Hughes, C. A. (1985). Coping with student aggression: A need for special education teacher preparation. Teacher Education and Special Education, 8, 41-47.

Ruhl, K. L., & Hughes, C. A. (1985). The nature and extent of aggression in special education settings serving behaviorally disordered students. Behavioral Disorders, 10, 95-104.

Ruhl, K. L. (1985). Handling aggression: Fourteen methods teachers use. The Pointer, 29 (2), 30-33.

Hughes, C. A., Ruhl, K. L., & Korinek, L. (1985). Analysis of predictive research literature with adolescent behaviorally disordered students in public school settings. Programming for Adolescents with Behavior Disorders, 2, 105-117.

Ruhl, K. L., Hughes, C. A., & Schloss, P. J. (1987). Using the pause procedure to enhance lecture recall. Teacher Education and Special Education, 10 (1), 14-18

Hughes, C. A., Ruhl, K. L., & Gorman, J. (1987). Preparation of special educators to work with parents: A survey of teachers and teacher educators. Teacher Education and Special Education, 10 (2), 81-87.

Hughes, C. A., & Ruhl, K. L. (1987). The nature and extent of special educator contacts with students' parents. Teacher Education and Special Education, 10 (4), 180-184.

Hughes, C. A., Ruhl, K. L., & Peterson, S. K. (1988). Teaching self-management skills. Teaching Exceptional Children, 20 (2), 70-72.

Camarata, S. M., Hughes, C. A., & Ruhl, K. L. (1988). Mild/moderate behaviorally disordered students: A population at risk for language disorders. Language, Speech, and Hearing Services in Schools, 19, 191-200.

Hughes, C. A., Ruhl, K. L., & Misra, A. (1989). Self-management with behaviorally disordered students in school settings: A promise unfulfilled? Behavioral Disorders, 14 (4), 250-262.

Ruhl, K. L., Hughes, C. A., & Gajar, A. H. (1990). Efficacy of the pause procedure for enhancing learning disabled and nondisabled college students' long- and short-term recall of facts presented through lecture. Learning Disability Quarterly, 13, 55-64.

Algozzine, B., Ruhl, K. L., & Ramsey, R. (1991). Behaviorally disordered: Assessment for identification and instruction. Reston, VA: CEC.

Sander, N. W., Bott, D. A., Hughes, C. A., & Ruhl, K. (1991). Effects of a self-management strategy on task-independent behaviours of adolescents with learning disabilities. B. C. Journal of Special Education, 15 (1), 64-75.

Ruhl, K. L., & Berlinghoff, D. (1992). Research on improving behaviorally disordered students' academic performance: A review of the literature. Behavioral Disorders, 17 (3), 178-190.

Ruhl, K. L., Hughes, C. A., & Camarata, S. (1992). Analysis of the expressive and receptive language characteristics of emotionally handicapped students served in public school settings. Journal of Childhood Communication Disorders, 14 (2), 165-176.

Hughes, C. A., Deshler, D. D., Ruhl, K. L., & Schumaker, J. B. (1993). Test-taking strategy instruction for adolescents with emotional and behavioral disorders. Journal of Emotional and Behavioral Disorders, 1 (3), 189-198.

Ruhl, K. L., & Swanger, W. H. (1994). Struggling to serve: A professional's reflections on the pragmatics of successful inclusion of students with emotional/behavioral disorders. In L. M. Bullock & R. A. Gable (Eds.), Monograph on inclusion: Ensuring appropriate services to children and youth with emotional/behavioral disorders--II (pp. 37-41). Hartford, CT: Council for Children with Behavioral Disorders.

Ruhl, K. L., & Suritsky, S. (1995). The pause procedure and/or an outline: Effect on immediate free recall and lecture notes taken by college students with learning disabilities. Learning Disability Quarterly, 18 (1), 2-11.

Boone, R. S., & Ruhl, K. L. (1995). Controllable factors in recruitment of minority and nonminority individuals for doctoral study in special education. Multiple Voices for Ethnically Diverse Exceptional Learners, 1, 23-37.

Ruhl, K. L. (1996). Does nature of student activity during lecture pauses affect notes and immediate recall of college students with learning disabilities? Journal of Postsecondary Education and Disability, 12 (2), 16-27.

Oren, T., & Ruhl, K. (1997). Assessing infant environments. Infant-Toddler Intervention: The Transdisciplinary Journal, 7 (3), 141-160.

**Maccini, P.,** McNaughton, D., & Ruhl, K. (1999). Algebra interventions for students with learning disabilities: Implications from a research review. Learning Disability Quarterly, 22, 113-126.

**Oren, T.,** & Ruhl, K. (2000). Caregiver-Environment Scale: Assessing the quality of center-based infant care. Early Childhood Education Journal, 28 (2). 133-138.

**Maccini, P.,** & Ruhl, K. L. (2000). Effects of a graduated instructional sequence on the algebraic subtraction of integers by secondary students with learning disabilities. Education and Treatment of Children 23 (4), 465-489.

Hughes, C. A., Ruhl, K. L., Schumaker, J. B. (U. of Kansas) & Deschler, D. D. (U. of Kansas) (2002) Effects of an assignment completions strategy on the homework performance of students with learning disabilities in general education classes, Learning Disabilities Research and Practice 17(1),1-18

Ruhl, K. L. & Tracey Hall (2002) Continuum of Special Education and General Education Field Experiences in the Preservice Special Education Program at Penn State. Teacher Education and Special Education 25(1), 87-91.

**Scheeler, M.C.,** Ruhl, K. L., & McAfee, J. K. (2004) Providing performance feedback to teachers: A review. Teacher Education and Special Education 27(4), 396-407.

**Gormley, S.,** & Ruhl, K. L. (2005) Dialogic shared storybook reading: An instructional technique for use with young students in inclusive settings. Reading and Writing Quarterly, 21, 307-313.

Scheeler, M. C., McAfee, J. K., Ruhl, K. L. & Lee, D. L. (2006) Effects of Corrective Feedback Delivered via Wireless Technology on Preservice Teacher Performance and Student Behavior. Teacher Education and Special Education 29 (1), 12-25. **(WINNER CEC-TED 2007 Publication AWARD)**

**Gormley, S. E.,** & Ruhl, K. L. (2007). Language structure knowledge of preservice teachers: Connecting speech to print. Teacher Education and Special Education 30(2), 83-92.

**Wannarka, R.,** & Ruhl, K. L. (2008). Seating arrangements that promote positive academic and behavioral outcomes: A review of empirical research. Support for Learning 23(2), 89-93.

**Kostewicz, D.,** Ruhl, K. L., & Kubina, R. (2008) Creating Classroom Rules for Students with Emotional and Behavioral Disorders: A Decision Making Guide.. Beyond Behavior 17(3), 14-21.

**Vostal, B. R.,** Hughes, C. A., Ruhl, K. L., **Benedek-Wood, E.,** & **Dexter, D. D.** (2008). A content analysis of Learning Disabilities Research & Practice: 1991-2007. Learning Disabilities Research & Practice, 23, 184-193.

**Wannarka, R.,** Ruhl, K., & Kubina, R. (in press). Using constant time delay to teach content-area vocabulary to middle school students with disruptive behavior. Journal of Evidence Based Practices

#### **Sponsored Projects/Research and Personnel Prep**

October 1988. Effect of the Pause Procedure on Learning Disabled College Students' Immediate and Long-Term Recall of Facts Presented Through Lecture. College of Education Alumni Society Research Award, \$500

October 1990. Effects of the Pause Procedure and an Instructor Outline on Immediate Free Recall and Lecture Notes Taken by College Students with Learning Disabilities. College of Education Alumni Society Research Award, \$500

1992-97. Co-director, Program to Help Diverse Doctoral Students (PhDDS), USDOE, \$467,535

1996-97. Principal Investigator (with Manuel Barrera) Effects of the Pause Procedure With or Without Peer Discussion on the Recall and Lecture Notes of Secondary Students with Learning Disabilities and Limited English Proficiency, USDOE, Student Initiated Research Project, \$16,482

1997-98. Co-director, Communication On-Line with Network Learning to Enhance Content Teaching (Project CONNECT), Penn State Continuing and Distance Education, Program Innovation Fund, \$5,000

Mar 99-Mar 2004. Managing Learning Environments and Student Behavior (with J. Neisworth), PA Department of Education, \$247,375 (Part of State Improvement Grant with T. Hall, C. Hughes, J. McAfee, D. McNaughton, J. Neisworth), PDE/USDOE, 07/99-06/04 \$2,000,000.

Mar 99-Mar 2004. Extending eXpertise on Children as Exceptional Learners in Inclusive Settings to Higher Education Leadership Personnel (EXCEL IS HELP), Pennsylvania Department of Education, \$296,450, (Part of State Improvement Grant Program funded through the USDOE)

Aug 1999-Aug 2003. Director, Program to Help Doctoral Student Recruitment, Preparation, and Retention (PHDS RPR), USDOE, \$781,738 (ranked 2 out of 79 applications)

Aug. 2003-Aug 2007. Director, Program to Help Doctoral Students Succeed (PHDSS), USDOE, \$768,311

Aug. 2007-August 2014. Director, Preparing Outstanding Scholars for Special Education (POSSE), USDOE, \$795,861

Aug. 2009-August 2013. Co-Director, Preparing Professor/Researchers of Evidence-based Practices (PPREP), USDOE, \$799,967