

Amber O'Shea, Ph.D.
Curriculum Vitae
313 CEDAR Building
University Park, PA 16802
Phone: (814) 867-5721 Email: amo5208@psu.edu

EDUCATION

2016 Ph.D. Educational Psychology, Temple University
2011 Ed.S. Education, Florida State University
2011 M.S. Mental Health Counseling, Florida State University
2008 B.A. Psychology, Indiana University of Pennsylvania

PROFESSIONAL APPOINTMENTS

2018 – Present **Assistant Professor;** Rehabilitation and Human Services; Department of Educational Psychology, Counseling, and Special Education; College of Education; Pennsylvania State University, University Park, PA.

2016 – 2018 **Research Scientist;** TU Collaborative on Community Inclusion for Individuals with Psychiatric Disabilities; Department of Rehabilitation Sciences; College of Public Health; Temple University, Philadelphia, PA.

PUBLICATIONS

Refereed Journal Articles

- O'Shea, A. M.,** Kilcullen, R., & Hayes, J., Scofield, B. (2021). Examining the effectiveness of campus-based counseling for improving academic and psychological distress among college students with disabilities. *Rehabilitation Psychology*. 66(3), 300–310. <https://doi.org/10.1037/rep0000349>.
- O'Shea, A.,** *Isadore, K., & *Galvan, A. (2021). Support for the basic psychological needs and satisfaction with health and quality of life in college students with disabilities. *Journal of American College Health*. doi.org/10.1080/07448481.2021.1879816
- O'Shea, A.,** Salzer, M. S. (2020). Autonomy supportive classrooms and well-being in college students with psychiatric disabilities. *Journal of Postsecondary Education and Disability*, 33 (2), 155-168.
- Thomas, L., Snethen, G., **O'Shea, A.,** Hurford, I., Suarez, J., Salzer, M.S. (2020). An examination of the community participation interests of young adults with serious mental illnesses. *The Journal of Behavioral Health Services & Research*, 1-18.

- O'Shea, A., Kaplan, K., Solomon, P., Salzer, M. S. (2019).** Randomized controlled trial of an Internet-based educational intervention for mothers with mental illnesses: An 18-month follow-up. *Psychiatric Services, 70* (8), 732-735. doi.org/10.1176/appi.ps.201800391
- O'Shea, A., & Salzer, M. S. (2019).** Examining the relationship between educational attainment and recovery of adults with serious mental illnesses. *Psychiatric Rehabilitation Journal, 42*(1), 79-87. doi.org/10.1037/prj0000328
- Kaplan, K., Brusilovskiy, E., **O'Shea, A., Salzer, M.S. (2019).** Child protective service disparities and serious mental illnesses: Results from a national survey. *Psychiatric Services, 70* (3), 202-208. doi.org/10.1176/appi.ps.201800277
- O'Shea, A., & Kaplan, A. (2018).** Disability identity and use of services among college students with psychiatric disabilities. *Qualitative Psychology, 5*(3), 358-379. doi:10.1037/qup0000099
- O'Shea, A., Booth, J. L., Barbieri, C., McGinn, K. M., Young, L. K., & Oyer, M. H. (2017).** Algebra performance and motivation differences for students with learning disabilities and students of varying achievement levels. *Contemporary Educational Psychology, 50*, 80-96. doi.org/10.1016/j.cedpsych.2016.03.003
- O'Shea, A. & Thurman, S. K. (2017).** Perceptions of how doctoral students with learning disabilities and ADHD use disability services. *Advances in Neurodevelopmental Disorders, 1*(3), 149-157. doi: 10.1007/s41252-017-0023-7
- Price, M., Salzer, M. S., **O'Shea, A., & Kerschbaum, S. L. (2017).** Disclosure of mental disability by college and university faculty: The negotiation of accommodations, supports, and barriers. *Disability Studies Quarterly, 37*(2), 3. doi:10.18061/dsq.v37i2.5487
- O'Shea, A., & Meyer, R. H. (2016).** A qualitative investigation of the motivation of college students with nonvisible disabilities to utilize disability services. *Journal of Postsecondary Education & Disability, 29*(1), 5-23
- O'Shea, A., & Smedema, S. M. (2014).** Understanding depressive symptoms among individuals with spinal cord injuries: A biopsychosocial perspective. *Rehabilitation Counseling Bulletin, 58*(1), 20-28. doi:10.1177/0034355213512210

Book Chapters

- Kerschbaum, S., **O'Shea, A., Price, M., & Salzer, M. S. (2017).** "Disclosure and Accommodations for Faculty Members with Mental Health Disabilities". Chapter accepted for *Negotiating Disability: Disclosure and Higher Education*. Ed. Stephanie L. Kerschbaum, Laura T. Eisenman, and James M. Jones.

Manuscripts in Progress

- O'Sullivan, D., Kim, I., Hanna, J., Watts, J., & **O'Shea, A. M.** (Under Review). Validation of the Affirmative/Problem Parenting Scale.
- Isadore, K., & Galvan, A., **O'Shea, A. M.** (Under Review). Exploring the Lived Experiences of Racial/Ethnically Minoritized College Students with Psychiatric Dis/abilities.
- O'Shea, A. M.**, Coduti, W., Pottsschmidt, N., & Hayes, J. (In Preparation). Exploration of Paid Employment and Mental Health Among Help-Seeking College Students.
- O'Shea, A.**, (In Preparation). Correlates of post-secondary success for students with psychiatric disabilities: A meta-analytic review.
- O'Shea, A.** (In Preparation). Perceived barriers and facilitators to attaining academic and professional goals among college students with psychiatric disabilities.
- O'Shea, A.**, Salzer, M. S. (In Preparation). The role of self-determination in promoting positive post-secondary outcomes in students with psychiatric disabilities.
- O'Shea, A. M.** (In Preparation). Identifying predictors of motivated action and academic persistence in college students with disabilities.
- Thomas, E., Brusilovskiy, E., **O'Shea, A.**, Salzer, M. (In Preparation). Self-determination and self-efficacy as predictors of campus engagement among college students with serious mental illnesses.

GRANT FUNDING

- 2021 U.S. Department of Health and Human Services. Awarded July 2021. "Evaluating the Effectiveness of the Rehabilitation Services Administration (RSA) Scholarships Program". (Funded: \$599,156). PI: James Herbert, Co-PIs: Amber O'Shea, Hyung Joon Yoon.
- 2019 Rehabilitation Services Administration (RSA) Training Grant. Awarded October, 2019. "Penn State Long-Term Training Grant in Rehabilitation Counseling". (Funded: \$977,744). PI: Allison Fleming, Co-PIs: Wendy Coduti, Amber O'Shea.
- 2019 Research Initiation Grant; College of Education, Penn State University. Awarded February, 2019. "Examining the Effectiveness of Campus Counseling for College Students with Disabilities." (Funded: \$5,700). PI: Amber O'Shea; Co-PI: Jeffrey Hayes.
- 2016 Graduate Student Research Award; Temple University. Awarded January, 2016. "Identity Development among College Students with Psychiatric Disabilities." (Funded: \$2,000). PI: Amber O'Shea.

REFEREED CONFERENCE PRESENTATIONS

- 2021 **O'Shea, A.** *Persistence and Success in Higher Education for Students with Psychiatric Disabilities: A Qualitative Investigation*. Accepted for presentation at the American Educational Research Association. April 8 – 12.
- 2021 Isadore, K., **O'Shea, A.**, Galvan, A. *Exploring the Lived Experiences of Racial/Ethnic Minority College Students with Psychiatric Dis/abilities*. Accepted for presentation at the American Educational Research Association. April 8 – 12.
- 2020 **O'Shea, A.**, Isadore, K., Galvan, A. *Psychosocial Predictors of Satisfaction with Health and Functioning among College Students with Disabilities*. Accepted for presentation at the National Council on Rehabilitation Education. San Diego, CA. April 6 – 8, 2020.
- 2020 **O'Shea, A.**, Salzer, M.S. *Relationship between Self-Determination, Self-Efficacy, Procrastination, and Quality of Life among College Students with Psychiatric Disabilities*. Accepted for presentation at the American Educational Research Association. San Francisco, CA. April 17 – 21, 2020.
- 2019 **O'Shea, A.** Salzer, M. S. *Association Between Self-Determination and Recovery in Undergraduate College Students with Psychiatric Disabilities*. National Council on Rehabilitation Education. Arlington, VA. October 31 – November 2, 2019.
- 2019 **O'Shea, A.** Salzer, M. S. *Support for the Basic Psychological Needs and Motivation in College Students with Psychiatric Disabilities*. Northeastern Educational Research Association. Trumbull, Connecticut. October 16 – 18, 2019.
- 2019 **O'Shea, A.** *Barriers to Success in Higher Education among College Students with Psychiatric Disabilities*. Accepted for Presentation at the National Council on Rehabilitation Education. San Diego, CA. April 16 – 18, 2019.
- 2018 **O'Shea, A.**, Salzer, M. S. *Autonomy Supportive Classrooms and Well-being in College Students with Psychiatric Disabilities*. National Council on Rehabilitation Education. Arlington, VA. October 25 – 27, 2018.
- 2018 Salzer, M., Kaplan, K., Brusilovskiy, E., Solomon, P., **O'Shea, A.** *Identifying and Addressing Needs of Parents with Serious Mental Illnesses*. NIDILRR 40th Anniversary Celebration. Washington DC. October 18, 2018.
- 2017 **O'Shea, A.** *Back to School: Research on Barriers and Supports for Educational Programming*. 2017 Summer Institute on Community Inclusion: The State of the Science; What Do We Know? Where Do We Go? Philadelphia, PA. July 24 – 25, 2017.
- 2016 **O'Shea, A.** *Sociocultural Construction of Disability Identity among College Students with Psychiatric Disabilities: A Phenomenological Investigation*. American Educational

- Research Association Annual Meeting in Washington, DC, April 8-12, 2016.
- 2014 **O'Shea, A.**, Thurman, K., & Meyer, R. *Understanding How Doctoral Students with Learning Disabilities use Disability Services*. Council for Learning Disabilities Annual Conference, Philadelphia, PA, October 2-3, 2014.
- 2013 Price, M., Kerschbaum, S., **O'Shea, A.**, & Balletta, A. *Disabled Faculty and Disability Disclosure: A Mixed-Methods Study*. Disability Disclosure in/and Higher Education Conference. Newark, DE. October 25-27, 2013.
- 2012 Kaplan, A., Sorehagan, N., Kowalski, D., & **O'Shea, A.** *Teachers' Social and Academic Emphases and Student Belonging to School: The Mediating Role of Support for Student Autonomy*. Eastern Educational Research Association conference, Hilton Head, SC. February 17-20, 2012.

RESEARCH IMPACT AND OUTREACH

Coverage in Popular Press

- Basken, P. (March 25, 2019). *Academic Mental Health in US Spotlight After Senior Suicides*. Times Higher Education.
- Pettit, E. (March 19, 2019). *A Prominent Economist's Death Prompts Talk of Mental Health in the Professoriate*. The Chronicle of Higher Education.
- Nachman, B. (March 14, 2018). *This Just Published: Students and Faculty with Disabilities*. The Wisconsin Center for the Advancement of Postsecondary Education (WISCAPE).
- Flaherty, C. (June 8, 2017). *Study of Faculty Members with Mental Health Issues Finds Mix of Attitudes on Disclosing and Seeking Assistance*. Inside Higher Ed.

Commentary

- Powell, R., Nicholson, J. (March 1, 2019). *Disparities in Child Protective Services: Commentary on Kaplan et al. (2019)*. Psychiatric Services.

Invited Talks

- Invited Speaker: "IUP Psychology Day", Indiana University of Pennsylvania, Indiana, PA, Spring 2018
- Invited Speaker/Moderator: "4th Annual Disability and Change Symposium", Temple University, Spring 2017
- Invited Panelist, "Tactics 101: Surviving and Thriving in Your PhD Program", Temple University, Spring 2015

TEACHING EXPERIENCE

- RHS 302 Assessment in Rehabilitation, Penn State University, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021
- CNED 526 Research in Counselor Education, Penn State University, Fall 2018, Fall 2019, Fall 2020, Fall 2021
- RHS 401 Community Mental Health Practices, Penn State University, Spring 2019, Spring 2020, Fall 2020, Spring 2021
- EDUC 5402 Child and Adolescent Development, Temple University Fall 2017, Spring 2018
- ECED 2101 Early Childhood Development, Temple University Spring 2017, Spring 2018
- CPH 5001 Graduate Research, Temple University Fall 2017
- EDUC 2109 Adolescent Development, Temple University Spring 2014; Fall 2014; Fall 2015; Spring 2016
- EDUC 2109 Adolescent Development-Online, Temple University Fall 2014; Spring 2015; Fall 2015; Spring 2016
- ECED 2105 Cognition and Learning in the Classroom, Temple University Spring 2015

RELATED WORK EXPERIENCE

- 2016 - 2018 **Research Scientist**, TU Collaborative on Community Inclusion for Individuals with Psychiatric Disabilities. Temple University. Philadelphia, PA.
Grant Funding: This work was supported by a grant from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR; grant number #90RT5021-02-00) within the Administration for Community Living (ACL), Department of Health and Human Services (HHS).
 PI: Dr. Mark Salzer
- 2014 – 2015 **Research Assistant**, CUES + Strategic Note-taking Intervention
Grant Funding: This work was supported by a grant from the Institute of Educational Sciences (IES; grant number #R324A12040913).
 PI: Dr. Joseph Boyle, Temple University, Philadelphia, PA
- 2013 – 2013 **Research Apprentice**, PI: Dr. Kenneth Thurman, Temple University, Philadelphia, PA
- 2013 – 2013 **Research Apprentice**, PI: Dr. Avi Kaplan, Temple University, Philadelphia, PA
- 2012 – 2016 **Teaching Assistant**, Temple University Writing Center, Temple University, Philadelphia, PA
- 2010 – 2011 **Graduate Administrative Assistant**, Dr. Deborah Ebener, Department of Psychological and Counseling Services, Florida State University, Tallahassee, FL
- 2010 – 2011 **Mental Health Counselor**, Recovery Center, Tallahassee Memorial HealthCare, Tallahassee, FL

- 2008 – 2009 **Research Assistant**, Influences of Social Belief Systems and Attitudes Towards Understanding Addiction as a Disease of the Brain
PI: Dr. William Meil, Indiana University of Pennsylvania, Indiana, PA
- 2008 – 2008 **Research Assistant**, Clinical Judgment and Decision-making Processes in Therapeutic Feedback Systems
PI: Dr. Derek Hatfield, Indiana University of Pennsylvania, Indiana, PA
- 2007 – 2008 **Mental Health and Social Services Intern**, Communities at Indian Haven, Indiana, PA

HONORS AND AWARDS

- 2016 Pre-doctoral Research Award, Temple University
2015 Golden Key Award, Golden Key Honor Society
2008 Summa Cum Laude, Indiana University of Pennsylvania
2008 National Scholars Honors Society
2007 Recipient of the Provost Scholar Award, Indiana University of Pennsylvania

CERTIFICATIONS

- 2015 Certificate: Teaching in Higher Education, Teaching and Learning, Temple University
2012 Certificate: Counseling, National Board for Certified Counselors

SPECIAL TRAINING

- 2018 **Mentoring Graduate Students: Old and New Challenges**, Instructors: Debrah Poveromo and Sarah Matthews, Office for Research Protections, the Pennsylvania State University.
- 2016 **Latent Variable Modeling in R**, Instructors: Dr. Holmes Finch and Dr. Brian French, American Educational Research Association, Washington, Dc.
- 2014 **Multivariate Statistics/SEM/HLM**, Instructor: Dr. Jennifer Cromley, Temple University, Philadelphia, PA.
- 2014 **Teaching in Higher Education**, Instructor: Dr. Peter Watkins, Temple University, Philadelphia, PA.

PROFESSIONAL SERVICES

Academic Services

- Reviewer, *Psychiatric Services*
Reviewer, *Teaching and Teacher Education*
Reviewer, *Exceptionality*
Reviewer, *Rehabilitation Psychology*
Reviewer, *Psychiatric Rehabilitation Journal*
Reviewer, *Mindfulness*

Reviewer, *Disability and Rehabilitation*
 Ad-hoc Reviewer, *Journal of Leisure Research*
 Ad-hoc Reviewer, *Journal of Contemporary Educational Psychology*
 Ad-hoc Reviewer, *Journal of Experimental Education*
 Ad-hoc Reviewer, *Instructional Science*
 Ad-hoc Reviewer, *Canadian Journal of Disability Studies*
 Ad-hoc Reviewer, *Learning Disabilities: A Multidisciplinary Journal*
 Reviewer, *American Psychological Association (APA), Division 15*
 Reviewer, *American Educational Research Association (AERA): Disability Studies in Education*
 Reviewer, *American Educational Research Association (AERA): SIG - Motivation in Education*
 Reviewer, *American Educational Research Association (AERA): Learning and Instruction (Division C, Section 2a [Cognitive and Motivational Processes])*
 Reviewer, *American Educational Research Association (AERA): Postsecondary Education – College Student Learning and Development (Division J, Section 1)*
 Reviewer, *American Educational Research Association (AERA): Postsecondary Education – College Student Access (Division J, Section 2a)*
 Reviewer, *American Educational Research Association (AERA): Postsecondary Education – College Student Success (Division J, Section 2b)*
 Reviewer, *American Educational Research Association (AERA): Postsecondary Education – Faculty, Curriculum, and Teaching (Division J, Section 4)*
 Reviewer, *American Educational Research Association (AERA): Postsecondary Education – Society, Culture, and Change (Division J, Section 6)*
 Reviewer, *Northeastern Educational Research Association (NERA)*

Additional Conference Services

- 2021 **O’Shea, A.** Discussant of session titled “Unique Perspectives in Research”, Northeastern Educational Research Association (NERA) Annual Meeting (Virtual), October 13 - 15.
- 2021 **O’Shea, A.** Chair of session titled “Diverse Learners and Educational Measurement”, Northeastern Educational Research Association (NERA) Annual Meeting (Virtual), October 13 - 15.
- 2020 **O’Shea, A.** Discussant of session titled “Supporting Students with Disabilities in Higher Education”, American Educational Research Association (AERA) Annual Meeting in San Francisco, CA, April 17 – 21, 2010.
- 2019 **O’Shea, A.** Discussant of session titled “K-12 Assessment”, Northeastern Educational Research Association (NERA) Annual Meeting in Trumbull, CT, October 15-18, 2019.
- 2019 **O’Shea, A.** Chair and Discussant of session titled “Fairness Issues in Assessment”, Northeastern Educational Research Association (NERA) Annual Meeting in Trumbull, CT, October 15-18, 2019.

- 2019 **O’Shea, A.** Served as a Mentor in the conference Mentoring Program, Northeastern Educational Research Association (NERA) Annual Meeting in Trumbull, CT, October 15-18, 2019.
- 2019 **O’Shea, A.** Chair of session titled “Motivation Dynamics in Higher Education”, Division C – Learning and Instruction, Section 2b: Learning and Motivation in Social and Cultural Contexts. American Educational Research Association (AERA) Annual Meeting in Toronto Canada, April 5-9, 2019.
- 2019 **O’Shea, A.** Chair of session titled “Student Engagement and Success in Higher Education”, Division J – Postsecondary Education, Section 2b: College Student Success. American Educational Research Association (AERA) Annual Meeting in Toronto, Canada, April 5-9, 2019.
- 2016 **O’Shea, A.** Chair of session titled “Narratives and Critical Perspectives for Situating Dis/Ability in Identities and Schools”. American Educational Research Association (AERA) Annual Meeting in Washington, DC, April 8-12, 2016.

University Services

The Pennsylvania State University

College Recruiter Search Committee (RHS Representative), Spring 2021, Summer 2021
RHS Tenure Track Search Committee, Fall 2020, Spring 2021
College-wide Assessments Committee (RHS Representative) Fall 2019, Spring 2020
Counselor Education Doctoral Program Admissions (Faculty Member), Fall 2018, Fall 2019
Counselor Education Master’s Program Admissions (Faculty Member), Spring 2019
Judge Undergraduate Research Exhibition, Spring 2020
Chair, Graduate Student Review and Retention Committee, Fall 2020
Chair, Working Group – Program Webpage Development, Fall 2020
Reviewer, Clinical & Translational Science Institute Pilot Grant Program, 2020
Search Committee Member, RHS/CCSA Co-Hire Position, 2021

Temple University

Doctoral Student Mentor, Psychological Studies in Education, Fall 2015 – Spring 2016

PROFESSIONAL ORGANIZATIONS

American Educational Research Association
National Council on Rehabilitation Education
Northeastern Educational Research Association