

# Jessica S. Henry, Ph.D., LPC, CRC

**Address:** 332 Cedar Building  
University Park, PA 16802

**Email:** jsh33@psu.edu  
**Phone:** 814-867-5728

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## EDUCATIONAL BACKGROUND

### **Ph.D. in Counselor Education and Supervision**

CACREP Accredited

*Dissertation Topic:* A Phenomenological Study of African American Women with Multiple Sclerosis: Disability Identity and the Superwoman Schema

**Ohio University**

Athens, OH

Graduated: April 2016

### **Masters of Rehabilitation Counseling (MRC)**

CORE Accredited

*Research Proposal/Thesis:* Facilitating Disability and Employment Adjustment for Persons with Spinal Cord Injury: A Research Proposal

**Alabama State University**

Montgomery, AL

Graduated: May 2012

### **Bachelor of Science in Recreational Therapy**

**Alabama State University**

Montgomery, AL

Graduated: July 2008

**Licensed Professional Counselor (Ohio)**

**C.1800914**

**Certified Rehabilitation Counselor (CRC)**

**00173922**

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## EMPLOYMENT BACKGROUND

Pennsylvania State University  
University Park, Pennsylvania

**Associate Teaching Professor**

2020-Current

Pennsylvania State University  
University Park, Pennsylvania

**Assistant Teaching Professor**

2015-2020

Tru-Rob Counseling and Consulting, LLC  
Columbus, Ohio

**Mental Health Counseling Intern**

2014-2015

Ohio University  
Athens, Ohio

**Graduate Research Assistant**

Patton College of Education

2012-2015

Office of Vocational Rehabilitation  
Pittsburgh, Pennsylvania

**Vocational Rehabilitation Counselor/ Intern**

2011-2012

Alabama State University  
Montgomery, Alabama

**Office of Disability Services Intern**

2011

Capitol Hill Healthcare Center & Rehab First  
Montgomery, Alabama

**Director of Therapeutic Recreation Department**

2008-2012

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## **TEACHING EXPERIENCE**

Counseling Children and Adolescents Pennsylvania State University	<b>CNED 524*</b> Summer 2022
Foundations of Career Development and Counseling Information Pennsylvania State University	<b>CNED 505 *</b> Spring 2021-Current
Introduction to Disability Culture Pennsylvania State University	<b>RHS 100</b> Fall 2015-Current
Client Assessment in Rehabilitation and Human Services Pennsylvania State University	<b>RHS 302</b> Fall 2015-Current
Community Mental Health Practice and Services Pennsylvania State University	<b>RHS 401</b> Fall 2015-Current
Children and Families in Rehabilitation and Human Services Pennsylvania State University	<b>RHS 402</b> Fall 2015-Current
Introduction to Counseling Pennsylvania State University	<b>RHS 301</b> Spring 2019
Internship Pennsylvania State University	<b>RHS 495</b> Spring 2017
Case Management and Communication Skills Pennsylvania State University	<b>RHS 400W</b> Spring 2016
Advanced Practicum Clinical Mental Health Counseling and Rehabilitation Counseling Ohio University	<b>EDCE 6924 *</b> Summer 2014
Legal and Ethical Issues in Counseling Ohio University	<b>EDCE 7620 *</b> Fall 2013
Counseling Over the Lifespan Ohio University	<b>EDCE 6450 *</b> Spring 2013

\*= graduate teaching experience

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## **AWARDS AND NOMINATIONS**

2020 Teaching Faculty Promotion Review Committee Nomination	Pennsylvania State University
2018 Teaching Award Nomination College of Education	Pennsylvania State University

## GRANTS

Middleton, R.A., Cote, A., & **Henry, J.S.** (2014). "Standards from Mathematical Practices for Green Local Schools", funded by Martha Holden Jennings Foundation, Ohio University  
(Amount Funded: \$15,000)

Hennings, J., Middleton, R. A., **Henry, J.S.** (2013). "Mentor Quality Matters: Early Field Clinical Experience", funded by the Martha Holden Jennings Foundation, Ohio University  
(Amount Funded: \$29,900)

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## REFEREED PUBLICATIONS

**Henry, J.S.**, Kulesza, E., Williams, N., Hicks, S.B, Middleton, R.A., & Robinson, M., (2023). A way forward with multicultural considerations, advocacy, and accessibility across the 2023 revised code of professional ethics for rehabilitation counselor educators and practitioners. *Rehabilitation Counseling Bulletin*.

Froehlich, R.J., **Henry, J.S.**, Tichy, N., Hill, J., Thompson, K. (2023). Rehabilitation counselors and technology, social media, and distance counseling: Contemporary considerations. *Rehabilitation Counseling Bulletin*.

**Henry, J.S.**, Rothmiller, S.J., Robinson, M. (in progress). Broaching the experiences of African American women with MS: The superwoman phenomenon. *Journal of Multicultural Counseling & Development*

## NON- REFEREED PUBLICATIONS

**Henry, J.S.**, Hicks, S.B., & Hall, L. The Double Standard of Black Faculty in Academia. [Editorial]. *Diverse Education*. CMA Publications, 22 Aug. 2016. <http://diverseeducation.com/article/86164/>>

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## BOOK CHAPTERS

Hicks, S.B., & **Henry, J.S.** (2019). *Case Management and Presentation: A Resource for Rehabilitation and Human Services Professionals*. In *Case Management. In Practicum and Internship Manual*. Aspen Professional Service. Linn Creek, MO.

O'Sullivan, D., Gilfillan, E.H., & **Henry, J.S.** (2018). *Personality Assessment in Clinical Rehabilitation and Mental Health Settings*. In *Clinical Rehabilitation and Mental Health Assessment*.

Rothmiller, S.J. & **Henry, J.S.**, (2018). Build, Explore, and Consider Career Interventions (BECCI) Case Study (in press). *Experiential Activities for Teaching Social Justice and Advocacy Competence in Counseling*. Taylor & Francis/ Routledge, New York, NY.

**Henry, J.S.**, Proctor, J., & Robinson, M.C. (2017). *Debate: Leaders are they born or made?* In R.W. Summer (Ed.). *Social psychology: How other people influence our thoughts and actions*. Santa Barbara, CA: ABC-CLIO Publishers.

Erby, A.C., **Henry, J.S.**, Lopez, C., Proctor, J., & Robinson, M.C. (2017). *Transgender Issues*. In R.W. Summer (Ed.). *Social psychology: How other people influence our thoughts and actions*. Santa Barbara, CA: ABC-CLIO Publishers.

Kress, V., & **Henry, J.** (2015). *Behavioral Group Therapy*. In E. Neukrug (Ed.), *Encyclopedia of Theory in Counseling and Psychotherapy* (Vol.1). Sage Publishers.

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### **REFEREED PRESENTATIONS**

Jackson, K.L. & **Henry, J.S.** (October 2019). Multicultural Counseling Make-Over: Creative strategies for revamping the multicultural counseling course. Presented at Association of Counselor Education and Supervision. Seattle Washington.

Clarke, N.K., & **Henry, J.S.**, (November 2018). Self-Care is Life: Thriving as a Counseling Professional of Color in all Areas of Wellness. To be presented at Pennsylvania Counseling Association. Pittsburgh, Pennsylvania.

Clarke, N.K., & **Henry, J.S.**, (February 2018). Mindful Educators: Awareness of Culturally Diverse Students with Anxiety Inside the Classroom. Presented at Diversity in Education Conference. State College, Pennsylvania.

Jackson, K.L., & **Henry, J.S.**, (October 2017). G3: Gatekeeping guarantees growth of the profession. Presented at the Association of Counselor Education and Supervision conference (ACES). Chicago, Illinois.

Rothmiller, S.J., **Henry, J.S.**, & Hicks, S.B., (October 2017). Okay with the Gray: Exploring ethics through an EQ framework in counselor education and supervision. To be presented at the Association of Counselor Education and Supervision conference (ACES). Chicago, Illinois.

Hicks, S.B., **Henry, J.S.**, Rothmiller, S.J., & Robinson, M.C., (2017, April), Looking ahead: Considering educational accommodation anxiety of African American students at PWIs. Presented at The National Council on Rehabilitation Education (NCRE). Anaheim, CA.

**Henry, J.S.**, Rothmiller, S.J., Hicks, S.B., Robinson, M.C., (2017, April), Strengths Based Approaches for African American Women with MS: The Kryptonite Antidote. To be Presented at The National Council on Rehabilitation Education (NCRE). Anaheim, CA.

**Henry, J.S.** & Hicks, S.B. (2017, March). Chances for Success: Disability Support Strategies for African American Students. To be presented at The American Counseling Association Conference (ACA). San Francisco, CA. [accepted]

**Henry, J.S.**, Hicks, S.B., & Robinson, M.C. (2016, October). The Kryptonite of a Superwoman: Disability Identity Development of African American Women Diagnosed with Multiple Sclerosis. Presented at the Southern Association of Counselor Education and Supervision. New Orleans, Louisiana. [cancelled]

**Henry, J.S.,** & Robinson, M.C. (2016, July). Superwoman Schema as the reverse Kryptonite: Using Strengths Based Approaches for African American Women with Multiple Sclerosis. Presented at the American Mental Health Counseling Association. New Orleans, Louisiana.

Stevens, R.L., **Henry, J.S.,** & Schilling-Plummer, B. (2015, April). A Literature Review Examining Peer-to-Peer Mentoring: People with Acquired Disabilities. Presented at the National Council on Rehabilitation Education (NCRE). Newport Beach, California.

Schilling-Plummer, B., Stevens, R. L., **Henry, J.S.** (2014, May). A Literature Review Examining Peer-to-Peer Mentoring: People with Acquired Disabilities. Presented at the Ohio Rehabilitation Association Conference and 60<sup>th</sup> Anniversary Celebration. Columbus, Ohio.

Jackson, K.L. **Henry, J.S.,** Selvaraj, P., & Bhat, C.S. (2013, November). Ctrl+"APP"+Del: Troubleshooting Interventions for Internet Crimes. Presented at the All Ohio Counselors Conference (AOCC). Columbus, Ohio.

**Henry, J.S.** & Cann, A. (2013, October). More than a Melting Pot: Exploring Techniques for Providing Effective Supervision to Diverse Students in Counselor Education Programs. Presentation delivered at The Association of Counselor Education & Supervision (ACES) Denver, Colorado.

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### INVITED TALKS, WORKSHOPS, & PANELS

**Henry, J.S.** (April, 2021). Induction Keynote Speaker, *Rho Alpha Mu Chapter of Chi Sigma Iota Honors Society*, Pennsylvania State University, University Park, PA. (zoom)

**Henry, J.S.** (March, 2020). Guest Lecturer, *Disability and Career*, CNED 505: Career, instructor: Diandra Prescod. Pennsylvania State University, University Park, PA. (zoom)

**Henry, J.S.** (April, 2020). Guest Speaker/Workshop Facilitator. 7-Keys to Elevation and Success. To be presented at 2<sup>nd</sup> Annual PRCC Leadership Summit. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (December, 2019). Guest Speaker/ Workshop Facilitator. Squad Goals: Fostering a Culture of Wellness in Leadership. BluePrint December Workshop Series. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (December, 2019). Guest Speaker/ Workshop Facilitator. *Not Just a Mantra, but a Movement*. Liberal Arts Advisors Workshop Series. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (October, 2019). Guest Speaker/Workshop Facilitator. *Disability Etiquette 101: Healthcare Competency Workshop*. Master of Healthcare Administration Professional Development Speaker Series. Pennsylvania State University, University Park, PA.

**Henry, J.S.,** & Woodson, K. (October, 2019). Guest Speaker/Workshop Facilitator. *Look at You Naked: Considering Wellness and Womanhood in the 21<sup>st</sup> Century*. Inaugural PRCC Women of Color

EmPOWERment Symposium. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (May 2019). Guest Speaker/Workshop Facilitator. *Not Your Average Cultural Competency Training*. Morgan Academic Center Faculty Retreat. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (May 2019). Guest Speaker/Workshop Facilitator. *Recharge, Renew, Recruit: A Wellness Workshop of Rejuvenation*. Office of Undergraduate Admissions. Pennsylvania State University, University Park, PA

**Henry, J.S.** (April 2019). Guest Speaker/Workshop Facilitator. *Squad Goals: Fostering a Culture of Wellness in Leadership*. Paul Roberson Cultural Center Inaugural Leadership Summit. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (April 2019). Guest Speaker. *Diversity and TRUE Inclusion*. Penn State Council of Commonwealth Student Governments: AD HOC. The Pennsylvania State University. University Park, PA.

**Henry, J.S.** (December 2018). Guest Speaker/Workshop Facilitator. *Recharge, Renew, Recruit: A Wellness Workshop of Rejuvenation*. Office of Undergraduate Admissions Multicultural Outreach. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (December 2018). Guest Speaker. *The Six Keys to Elevation and Success*. Mental Health Symposium 2018. Psi Chi National Honors Society. Pennsylvania State University, University Park, PA.

**Henry, J.S.** (August 2018). Guest Speaker/Workshop Facilitator. *Wellness While You Work*. Accounting Doctoral Student Association (ADSA), Gaylord Resort, Potomac Maryland.

**Henry, J.S.** (February 2018). Guest Speaker, *How to Best Serve Students with Disabilities*, Resident Life Penn State, University Park, PA.

**Henry, J.S., & Fleming, A.** (March 2017). Health Center Workshop Series. *Disability Etiquette 101: Not Just Being Nice, but Being Effective*. Pennsylvania State University. University Park, PA.

**Henry, J.S.** (March 2017). Keynote Speaker, *#BeABridge: Tools to Effective Leadership*. The Honor Society of Phi Kappa Phi. Pennsylvania State University. University Park, PA.

**Henry, J.S.** (February 2017). Guest Speaker, *My Multiple Sclerosis Story*, Medical Aspects and Disability, instructor: Robert Stevens. Ohio University, Athens, Ohio.

**Henry, J.S.** (October 2016). Keynote Speaker, *#BeABridge: Tools to Effective Leadership*. National Society of Collegiate Scholars. Pennsylvania State University. University Park, PA.

**Henry, J.S.** (March 2016). Guest Speaker, *Do It for The V...* Alpha Xi Delta. Pennsylvania State University. University Park, PA.

Henry, J.S. (February 2016). Guest Speaker, *My Multiple Sclerosis Story*, Medical Aspects and Disability, instructor: Deidra O’Sullivan. University Park, PA.

Henry, J.S. (August 2013; August 2014). *Panelist Graduate Student Experience*. Gladys W. and David H. Patton College of Education. Ohio University. Athens, OH.

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### RESEARCH EXPERIENCE

**Examining the Efficacy of Wellness Pedagogy and Interventions in Rehabilitation Education** 2020-Current  
Henry, Jessica, PhD, CRC  
*Principle Investigator*

The Pennsylvania State University  
**A Phenomenological Study of African American Women with Multiple Sclerosis: Disability Identity and the Superwoman Schema** 2015  
Henry, Jessica, CRC  
*Principle Investigator*  
Dissertation Chair: Dr. Mona C. Robinson  
Ohio University

**Racial Identity Development Research Team** 2014  
Howley, Aimee, Ph.D.  
Ohio University  
Graduate Research Assistant

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### SERVICE & COMMITTEE APPOINTMENT

**CRCC Ethical Code Review Taskforce** 2021- 2022

**CNED Search Committee** 2020, 2022

**Bachelor of Philosophy (BPhil) Capstone**  
Advisor: Beaonca Ward 2021

**McNair Scholars Program** 2020  
Social Mentor: Centia Thomas

**Student Honors Option Committee** 2018  
Mentor: So Grace Park

**National Rehabilitation Association (NRA)** 2018-2019  
Transition Committee- Secretary

**Athletic Director’s Leadership Institute** 2016-2019  
Leadership Facilitator  
The Pennsylvania State University  
Facilitator

<b>Faculty Search Committee</b> Ohio University Member, Doctoral Student Representative	2015
<b>American Association of Colleges for Teacher Education</b> (AACTE), Holmes Scholar Board Member, Sargent-at-Arms	2014
<b>Chi Sigma Iota Counseling Academic &amp; Professional Honor Society International</b> , Alpha Chapter Committee Chair, Marketing and Advertising	2014-2015
<b>Chi Sigma Iota, Counseling Academic &amp; Professional Honor Society International</b> , Alpha Chapter Board Member, President	2013-2014