

Kari L. Sherwood, PhD, MS, MEd, MSW, LMSW

Curriculum Vitae

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EDUCATION

- 2025 University of Michigan, Ann Arbor, MI, Rackham Graduate School
Ph.D., Social Work and Psychology (Joint PhD Program)
Dissertation: "Microaggressions and camouflaging: A mixed methods study on the social maltreatment of autistic adults at work"
Co-Chairs: Matthew J. Smith, Henry M. Wellman; Members: Shanna K. Kattari, Connie Sung
- 2022 University of Michigan, Ann Arbor, MI, Department of Psychology
M.S., Psychology (Developmental)
Mentor: Henry M. Wellman
- 2019 University of Michigan, Ann Arbor, MI, School of Social Work
M.S.W., Social Work (Social Policy and Evaluation)
Mentors: Matthew J. Smith, Shanna K. Kattari
- 2016 Bowling Green State University, Bowling Green, OH, College of Education/Human Dev.
M.Ed., Special Education (Autism Spectrum Disorder)
Mentor: Brittany Farabee Joseph
- 2011 Oklahoma State University, Stillwater, OK, College of Education
M.S., Educational Leadership Studies (Higher Education)
Mentor: Kerri Kearney
- 2006 Oklahoma State University Stillwater, OK, College of Human Environmental Sciences
B.S., Human Development and Family Science (Child and Family Services)

LICENSURE

Licensed Master Social Worker (LMSW), Macro specialty
State of Michigan, License No. 6801119269 (exp: 10/18/2027)

RESEARCH INTERESTS

Autistic and neurodivergent mental health and suicide prevention
College and workplace belonging for neurodivergent individuals
Gender and racial disparities among autistic individuals
Mixed Methods
Participatory Action Research
Implementation Science

PROFESSIONAL EXPERIENCE

07/2025 – Present

The Pennsylvania State University, College of Education; Social Science Research Institute

Assistant Professor

University Park, PA

- Lead the Elevating Life, Expression, Validation, Autistic Thriving, and Empowerment (ELEVATE) Lab
- Direct a research program focused on autistic belonging and mental health in education and work settings
- Design and evaluate interventions focused on improving autistic mental health and belonging
- Teach undergraduate-level courses on the medical and psychosocial aspects of disability, disability culture, and employment strategies for people with disabilities
- Supervise and mentor undergraduate students in Rehabilitation and Human Services and graduate students in Counselor Education
- Serve on the Student Disability Support Collaborative
- Serve as Research Lead for the *Embark Penn State* college transition program for autistic students

06/2018 – 04/2025

University of Michigan, School of Social Work

Graduate Student Research Assistant

Ann Arbor, MI

- Served on the design team for a NIMH-funded novel technology-based workplace intervention for autistic transition-age youth
- Assisted with the technical adaptation of a NIMH-funded technology-based job interview intervention for autistic transition-age youth
- Implemented interventions across a variety of secondary and postsecondary special education settings
- Trained teachers and participants in the use of technology-based interventions
- Demonstrated expertise in leading community-based participatory research
- Participated in assessment selection and development, usability testing, implementation evaluation, quantitative and qualitative data collection and analysis
- Utilized data collection methods including interviews, observation, and surveys, using REDCap software
- Managed team of research assistants in qualitative data coding and interrater reliability

09/2022 – 02/2024

Oakland Psychological Clinic

Mental Health Therapist

Fraser, MI

- Provided individual outpatient psychotherapy to children, teens, and adults
- Specialized in autism, ADHD, intellectual and developmental disabilities, neurodivergent-affirming care and LGBTQ-affirming care
- Performed initial evaluations and develop customized treatment plans
- Provided diagnostic assessments and supports for a diverse caseload

08/2022 – 12/2022

Arts Academy in the Woods

School Social Worker

Fraser, MI

- Provided individual and group treatment and casework for general and special education students
- Served as a member of the special education treatment team, working with other disciplines in diagnosing problems, formulating treatment plans, and evaluating progress
- Curated resources for teachers and staff related to social-emotional learning and working with students with disabilities
- Served as the homelessness liaison for students experiencing homelessness, coordinating assistance with local organizations and ensuring compliance with the McKinney-Vento Act

09/2009 – 01/2021
Serco Inc.

Instructional Designer II
Oklahoma City, OK

- Designed and developed instructional material for instructor-led and distance learning training courses for multiple federally funded contracts, including the U.S. Department of Defense
- Served as lead instructional designer, working with subject matter experts on over 20 eLearning courses, using appropriate software tools to meet deliverables
- Demonstrated and utilized effective needs analysis, project management, course development, and evaluation skills
- Interviewed subject matter experts as part of needs assessment process
- Assisted in quality control efforts and functionality testing for eLearning courses

06/2007 – 09/2008
Oklahoma State University, College of Education

Grant Coordinator
Stillwater, OK

- Served as coordinator for the OSU College of Education/U.S. Army Defense Ammunition Center (DAC) research team
- Assisted with the creation and implementation of the Quality Assurance Specialist Ammunition Surveillance (QASAS) workforce training program (i.e., *The Academy*), including the development of curriculum, training materials, and course syllabi
- Conducted an independent qualitative study titled *Instructional Design and Training in the U.S. Military*
- Worked collaboratively with various university offices, including the principal investigators, university contract managers, university grants and contracts office, and Provost's office
- Initiated statement of work, managed financial recordkeeping, and drafted contract modifications, generated contract timesheets, employment action forms, travel requests and reservations, and monthly reports
- Supervised team of 8-10 graduate student research assistants

ACTIVE GRANT AWARDS

07/1/2026-
06/30/2027

Principal Investigator – Community-Engaged Research Action Partnership Seed Grant
Penn State University, Social Science Research Institute (Co-PI: Dr. Blake Colaianne)

Project: *Assessing the Acceptability and Developmental Alignment of an Adolescent Compassion Curriculum for Neurodivergent High School Students*, \$5,000

This is a 1-year seed grant award to establish an equitable community-university research partnership between Penn State investigators and a local high school community partner to conduct a formative, mixed-methods study examining the acceptability and developmental alignment of the *Relate* compassion curriculum, an evidence-informed program targeting mindfulness, compassion, and connection, with neurodivergent high school students.

PAST GRANT EXPERIENCE

09/1/2023-
04/15/2025

Graduate Student Research Assistant

PI: Matthew J. Smith, School of Social Work, University of Michigan

Project: *A Hybrid Effectiveness-Implementation RCT of Virtual Interview Training for Autistic Transition Age Youth* (R01 MH132656-01), \$3,159,315

This is a 4-year award to evaluate the effectiveness and implementation of *Virtual Interview Training for Autistic Transition-Age Youth* when delivered within pre-employment transition services at 16 Schools in Michigan and California via a randomized controlled trial and process evaluation.

Tasks: Assisted with grant writing, quantitative and qualitative data collection and analysis; utilized data collection methods including interviews, observation, and surveys, using REDCap software; trained teachers on the *VIT-TAY* intervention; assisted with the writing and revising of manuscripts

04/15/2020-
04/15/2025

Graduate Student Research Assistant

PI: Dale E. Olsen, SIMmersion, LLC

Project: *Applied Social Cognitive Skills in the Workplace for Transition-Age Youth with Autism* (R44 MH123359-01), \$3,148,252

This was a 5-year award to SIMmersion LLC to develop and evaluate a virtual social cognitive skills training tool for transition age youth with autism. Dr. Matthew Smith was the lead scientific advisor to guide developing the tool during years 1 and 2 of the grant. Dr. Smith led the RCT to evaluate the efficacy of the tool in 300 participants during years 3 – 5 of the project.

Tasks: Assisted with grant writing; served on the design team for *WorkChat: A Virtual Workday*; demonstrated expertise in leading community-based participatory research, product development, assessment selection and development, usability testing, and implementation evaluation, quantitative and qualitative data collection and analysis; utilized data collection methods including interviews, observation, and surveys, using software such as REDCap; managed team of research assistants in qualitative data coding of the Social Skills Performance Assessment (SSPA) using NVivo software

09/2018-
08/2020

Graduate Student Research Assistant

PI: Matthew J. Smith, School of Social Work, University of Michigan

Project: *Virtual Reality Job Interview Training for High School Students with Disabilities* (Kessler Foundation, Signature Employment Grant 1003-1958-SEG-FY2016), \$485,000

This was a 2-year award that evaluated the implementation and effectiveness of virtual reality job interview training at 60 high schools for more than 800 students with disabilities. The project also evaluated the cost effectiveness of the tool in this setting.

Tasks: Assisted with quantitative and qualitative data collection and analysis; utilized data collection methods including interviews and surveys, using REDCap software; assisted with the writing and revising of manuscripts

06/2018-
05/2022

Graduate Student Research Assistant

PI: Dr. Matthew Smith, School of Social Work, University of Michigan

Project: *Virtual Job Interview Training for Transition Age Youth with ASD* (R34 MH111531), \$734,224

This was a 3-year award to adapt ‘Virtual Reality Job Interview Training’ (VR-JIT) to meet the needs of transition-age youth with autism spectrum disorders (ASD). The project had two phases. Phase I solicited input from stakeholders to adapt VR-JIT and phase II evaluated the initial effectiveness and feasibility of the adapted VR-JIT in transition-age youth with ASD within school-based settings using an RCT design.

Tasks: Assisted with the technical adaptation of *Virtual Reality Job Interview Training (VR-JIT)* to *Virtual Interview Training for Transition-Age Youth (VIT-TAY)*; Implemented interventions across a variety of secondary and postsecondary special education settings, which required training teachers and participants in the use of *VIT-TAY*; Demonstrated expertise in leading community-based participatory research, product development, assessment selection and development, usability testing, and implementation evaluation, quantitative and qualitative data collection and analysis; Utilized data collection methods including interviews, focus groups, observation, and surveys, using software such as REDCap and Qualtrics; Managed team of research assistants in qualitative data coding of interviews and assessments, using Dedoose software

PUBLICATIONS

Peer-Reviewed Journal Articles:

1. **Sherwood, K.**, Erickson, D., Burke-Miller, J., & Smith, M. J. (2026). "I try to act like a neurotypical so it makes customers more comfortable": A mixed methods analysis of autistic camouflaging at work. *Journal of Autism and Developmental Disorders*. <https://doi.org/10.1007/s10803-026-07476-0>
2. Tucker, T. B., **Sherwood, K.**, Sung, C., & Smith, M. J. (2026). Project SEARCH Staff Perspectives on Using Virtual Reality to Support Workplace Conversations: A Brief Report. *Journal of Autism and Developmental Disorders*. <https://doi.org/10.1007/s10803-026-07468-0>
3. Williams, E., Smith, M.J., Mitchell, J., Tucker, T., Sung, C., **Sherwood, K.**, Dababnah, S., Magaña, S., Kattari, S., Lovelace, T., Riddle, E., Liggett, C., Olsen, D., Elkins, J., Humm, L., & Steacy, C. (2025). The Development and Utilization of a Diversity Advisory Board for a Workplace Social Skills Intervention for Autistic Transition-Aged Youth. *Autism*. <https://doi.org/10.1177/13623613251330847>
4. Smith, M. J., Merle, J. L., Baker-Ericzén, M., **Sherwood, K.**, Bornheimer, L. A., Ross, B., Harrington, M., Sharma, A., Brown, C., Gordon Jr., T. J., Telfer, D., Reese, J., Hirst, J., Oulvey, E. A., Dignadice, V., Williams, E. G., Magaña, S., Hume, K., Sung, C., Burke-Miller, J. K. & Smith, J. D. (2024). A Type 1 Hybrid Multi-Site Randomized Controlled Trial Protocol for Evaluating Virtual Interview Training Among Autistic Transition-Age Youth. *Contemporary Clinical Trials Communications*, 101384. <https://doi.org/10.1016/j.conctc.2024.101384>
5. **Sherwood, K.**, Smith, M. J., & Eldredge M. (2024). The need for technology-aided instruction and intervention policy for autistic youth. *Journal of Disability Policy Studies*, 35(1), 54-64, <https://doi.org/10.1177/10442073221150603>
6. **Sherwood, K.**, Smith, M. J., Ross, B., Johnson, J., Trautwein, A., Landau, M., & Hume, K. (2024). Implementing Virtual Interview Training for Transition-Age Youth: Practical Strategies for Educators. *Intervention in School and Clinic*, 59(4), 281-286, <https://doi.org/10.1177/10534512231156879>
7. Smith, M. J., **Sherwood, K.**, Genova, H., Ross, B., DaWalt, L., Bishop, L., Telfer, D., Brown, C., Sanchez, B., and Kallen, M. A. (2023). Psychometric properties of the mock interview rating scale for autistic transition-age youth. *Frontiers in Psychiatry*. <https://doi.org/10.3389/fpsy.2023.1235056>
8. Smith, M. J., **Sherwood, K.**, Sung, C., Williams, E. G., Ross, B., Sharma, S., Sharma, A., Harrington, M., Brown, C., Telfer, D., Bond, J., Toda, S., Kearon, D., Morrow, S., Lovelace, T., Dababnah, S., Kattari, S. K., Magaña, S., Watkins, T., Liggett, C., Riddle, E., Smith, J. D., Hume, K., Dawkins, T., Baker-Ericzén, M., Eack, S. M., Sinco, B., Burke-Miller, J., Olsen, D., Elkins, J., Humm, L., & Steacy, C. (2023). Enhancing Pre-Employment Transition Services: A Type 1 Hybrid Randomized Controlled Trial Protocol for Evaluating WorkChat: A Virtual Workday among Autistic Transition-Age Youth. *Contemporary Clinical Trials Communications*, 34, 101153. <https://doi.org/10.1016/j.conctc.2023.101153>
9. Danielson, E. C., Smith, M. J., Ross, B., **Sherwood, K.**, Smith, J. D., Atkins, M., & Jordan, N. (2023). Implementation Preparation Costs of Virtual Interview Training in Pre-Employment Transition Services: A Budget Impact Analysis. *Journal of Special Education Technology* 39(1), 27-40, <https://doi.org/10.1177/01626434231175372>
10. **Sherwood, K.**, Smith, M. J., Ross, B., Johnson, J., Harrington, M., Blajeski, S., Dawalt, L., Bishop, L., Smith, J. D. (2023). Mixed Methods Implementation Evaluation of Virtual Interview Training for Transition-Age Autistic Youth in Pre-Employment Transition Services. *Journal of Vocational Rehabilitation*, 58(2), 139-154, <https://doi.org/10.3233/JVR-230004>
11. Genova, H., Kallen, M., **Sherwood, K.**, Dawalt, L., Bishop, L., & Smith, M.J. (2023). Development and psychometric properties of self-reported job interview skills and job interview anxiety for autistic transition-age youth. *Journal of Vocational Rehabilitation*, preprint, <https://doi.org/10.3233/JVR-230009>
12. Smith, M. J., Van Ryzin, M., Jordan, N., Atkins, M., Bornheimer, L., **Sherwood, K.**, Smith, J. D. (2023). Virtual Job Interview Training: A Dose Response to Improve Employment for Transition-Age Youth with Disabilities. *Career Development and Transition for Exceptional Individuals*, 47(2), <https://doi.org/10.1177/21651434231160532>
13. Smith, M. J., **Sherwood, K.**, Ross, B., Oulvey, E. A., Monahan, J. A., Sipovic, J. E., Atkins, M. S., Danielson, E. C., Jordan, N., & Smith, J. D. (2022). Scaling Out Virtual Interview Training for Transition-Age Youth: A Quasi-Experimental Hybrid Effectiveness-Implementation Study. *Career Development and Transition for Exceptional Individuals*, 45(4), 213-227, <https://doi.org/10.1177/21651434221081273>
14. **Sherwood, K.** & Kattari, S. (2021). Reducing Ableism in Social Work Education Through Universal Design for Learning and Policy. *Journal of Social Work Education*, 59(1), 119-132, <https://doi.org/10.1080/10437797.2021.1997686>
15. Smith, M. J., **Sherwood, K.**, Blajeski, S., Ross, B., Smith, J. D., Jordan, N., DaWalt, L., Bishop, L., & Atkins, M. (2021). Job Interview and Vocational Outcomes Among Transition-Age Youth Receiving Special Education Pre-

Employment Transition Services. *Intellectual and Developmental Disabilities*, 59(5): 405–421.
<https://doi.org/10.1352/1934-9556-59.5.405>

16. Smith, M. J., **Sherwood, K.**, Ross, B., Smith, J. D., Dawalt, L., Bishop, L., Humm, L., Elkins, J., & Steacy, C. (2021). Virtual Interview Training for Autistic Transition Age Youth: A Randomized Controlled Feasibility and Effectiveness Trial. *Autism: International Journal of Research and Practice*, 25(6), 1536-1552.
<https://doi.org/10.1177/1362361321989928>
17. Williams, E., Smith, M. J., **Sherwood, K.**, Lovelace, T., & Bishop, L. (2021). Brief Report: Initial Evidence of Depressive Symptom Disparities among Black and White Transition Age Autistic Youth. *Journal of Autism and Developmental Disorders*. <https://doi.org/10.1007/s10803-021-05242-y>
18. Smith, M. J., Smith, J. D., Jordan, N., **Sherwood, K.**, McRobert, E., Ross, B., Oulvey, E. A., & Atkins, M. (2021). Virtual Reality Job Interview Training in Transition Services: Results of a Single-Arm, Non-controlled Effectiveness-Implementation Hybrid Trial. *Journal of Special Education Technology*, 36(1), 3-17.
<https://doi.org/10.1177/2F0162643420960093>
19. Smith, M. J., Pinto, R. M., Dawalt, L., Smith, J. D., **Sherwood, K.**, Miles, R., Taylor, J., Hume, K., Dawkins, T., Baker-Ericzen, M., Frazier, T., Humm, L., & Steacy, C. (2020). Using community-engaged methods to adapt virtual reality job-interview training for transition-age youth on the autism spectrum. *Research in Autism Spectrum Disorders*, 71, 101498. <https://doi.org/10.1016/j.rasd.2019.101498>

Manuscripts Under Review:

1. **Sherwood, K.**, Kattari, S., Burke-Miller, J., & Smith, M. J. (Under Review). Workplace Microaggressions are Uniquely Associated with Symptoms of Depression and Social Anxiety Among Employed Autistic Adults. *Autism*.
2. Smith, M. J., **Sherwood, K.**, Connie Sung; Ed-Dee Williams; Brittany Ross; Aparna Sharma; Meghan Harrington; Cheryl Brown; David Telfer; Justine Bond; Sen Toda; David Kearon; Shelby Morrow; Temple Lovelace, Sarah Dababnah; Shanna K. Kattari; Sandra Magaña; Tikia Watkins; Caleb Liggett; Edwina Riddle; Justin D. Smith; James L. Merle; Jane K. Burke-Miller; Kara Hume; Tamara Dawkins; Mary Baker-Ericzen; Shaun Eack; Dora Raymaker; Brady T. West; Cathie Spino; Dale Olsen; Jeff Elkins; Laura Humm; Chris Steacy. (Under Review). A Feasibility and Initial Effectiveness RCT of WorkChat for Autistic Transition-Age Youth. *Autism Research*.
3. Shrewsbury-Braxton, S., Van Gent, K., **Sherwood, K.**, Byrd-Badjie, J., & Green Bryan, J. (Under Review). Supporting Black Neurodivergent Thriving: A Framework for School Counseling Training and Practice. *Professional School Counseling*.
4. Chun, J., **Sherwood, K.**, Wu, H., Sung, C., Eack, S. M., & Smith, M. J. (Under Review). Brief Report: Emotion Regulation is Independently Associated with Employment Outcomes in Autistic Transition-Aged Youth. *Journal of Autism and Developmental Disorders*.

Manuscripts in Preparation:

1. **Sherwood, K.**, Erickson, D., Kattari, S., & Smith, M. J. (In Preparation). "I Have Yet to See Employers Take Microaggressions Seriously": Potential Solutions for Reducing Microaggressions Towards Autistic Adults in the Workplace.
2. **Sherwood, K.**, Kane, J., Burke-Miller, J., & Smith, M. J. (In Preparation). Implementation of WorkChat: A Virtual Workday among Autistic Adults.
3. **Sherwood, K.**, Burke-Miller, J., & Smith, M. J. (In Preparation). Initial Effectiveness of WorkChat: A Virtual Workday among Autistic Adults.
4. **Sherwood, K.**, Kattari, S. K., Burke-Miller, J., & Smith, M. J. (In Preparation). Psychometric Properties of the Autistic Microaggressions at Work Inventory.
5. Cantu, A. A., Zhang, K., & **Sherwood, K.** (In Preparation). Autistic Identity Development Across Contexts: A Scoping Review.
6. Zhang, K., Mattern, H., & **Sherwood, K.** (In Preparation). Autistic Belonging Across Contexts: A Scoping Review.
7. Elfrida, M. & **Sherwood, K.** (In Preparation). Autistic Self-Compassion: A Scoping Review.

Book Chapters:

1. **Sherwood, K.**, Kattari, S. K., & Wetmur, A. (2023). Sexuality, hearing loss, and d/Deaf individuals. In Kattari, S. K. (Ed.) *Exploring sexuality and disability*. New York, NY: Routledge.
2. Kattari, S. K., **Sherwood, K.**, Gross, E. B., & Hostetter, C. R. (2023). Infinity and rainbows: Supporting the sexuality of neurodivergent people. In Kattari, S. K. (Ed.) *Exploring sexuality and disability*. New York, NY: Routledge.

3. Kattari, S. K., & **Sherwood, K.** (2023). Access isn't optional: Sexuality and intellectual/developmental disabilities. In Kattari, S. K. (Ed.) *Exploring sexuality and disability*. New York, NY: Routledge.

Technical Reports and Manuals:

1. Sharma, A., **Sherwood, K.**, Harrington, M., Ross, B., & Smith, M. J. (2024). *Virtual Interview Training for Transition-Age Youth: Implementation Manual*. Level Up: Employment Skills Simulation Lab. University of Michigan.
2. Sharma, A., **Sherwood, K.**, Harrington, M., Ross, B., & Smith, M. J. (2024). *Work Chat: A Virtual Workday: Implementation Manual*. Level Up: Employment Skills Simulation Lab. University of Michigan.
3. **Sherwood, K.** (2020). *Evidence-Based Practice for Pre-Employment Transition Services*. Created as part of the MI-LEND Fellowship requirements.
4. **Sherwood, K.** (2019). *Finding Supplemental Funding for Special Health Care Needs in Michigan*. A reference for families, created as part of the MI-LEND Fellowship requirements.
5. **Sherwood, K.** & Smith M. J. (2019). *The Autism Mock Interview Rating Scale (A-MIRS)*. Level Up: Employment Skills Simulation Lab. University of Michigan.
6. **Sherwood, K.** & Kattari, S. K. (2019). *Universal Design for Learning: What is it and why do we need it*. A reference guide for University of Michigan faculty.

PRESENTATIONS

Conference Symposia, Papers, Workshops, & Roundtable Presentations

1. **Sherwood, K.**, Erickson, D., Burke-Miller, J., Kattari, S. K., & Smith, M. J. (2026). *Exploring the Mental Health Impact of Microaggressions Towards Autistic Adults at Work*. American Association on Intellectual and Developmental Disabilities annual conference. Chicago, IL.
2. **Sherwood, K.** (2025). "Try to act normal": how autistic employees mask at work. Beautiful Minds conference, Ann Arbor, MI.
3. **Sherwood, K.** & Smith, M. J. (2024). *Prevalence and Experiences of Autistic Microaggressions in the Workplace*. Illinois Center for Transition and Work Symposium, University of Illinois Urbana-Champaign.
4. White, L., **Sherwood, K.**, Walsh-Bailey, C., & Weaver, A. (2024). *Social Workers Harnessing Implementation Science Frameworks and Community Engaged Research and Practice to Build Solutions for Health Equity* [Workshop]. Society for Social Work and Research conference, Washington DC.
5. **Sherwood, K.** & Smith, M. J. (2023) *Evaluation of Virtual Interview Training for Transition-Age Autistic Youth on Twelve Social Performance Domains*. International Society for Autism Research annual meeting, Stockholm.
6. Genova, H., Sung, C., **Sherwood, K.**, Arora, A., Elsayed, H., & Smith, M. J. (2022). *Transition-age autistic youth: Are we meeting their needs?* [Special Interest Group]. International Society for Autism Research annual meeting, Austin.
7. Smith, M. J. & **Sherwood, K.**, Ross, B., Oulvey, E. A., Atkins, M. S., Danielson, E., Jordan, N., & Smith, J. D. (2022). *Scale Out Evaluation of Virtual Interview Training in Pre-Employment Transition Services*. Division on Career Development and Transition, Council for Exceptional Children conference.
8. Smith, M. J., **Sherwood, K.**, Ross, B., Smith, J. D., Dawalt, L., & Bishop, L. (2022). *Virtual Interview Training for Transition-Age Autistic Youth: A Randomized Controlled Feasibility and Initial Effectiveness trial*. Division on Career Development and Transition, Council for Exceptional Children conference.
9. Smith, M. J. & **Sherwood, K.** (2022). *Virtual Job Interviewing Training: Community Partners, Teaching Practices and Students Getting Jobs*. [Workshop]. 82nd Annual Michigan Council for Exceptional Children conference, virtual.
10. Genova, H., Sung, C., **Sherwood K** & Smith, M. J. (2021). *Transition-age autistic youth: Are we meeting their needs?* [Special Interest Group] International Society for Autism Research annual meeting, virtual.
11. **Sherwood, K.** (Chair), Smith, M. J., Ross, B., Johnson, J., Harrington, M., Blajeski, S., Dawalt, L., Bishop, L., & Smith, J.D. (2021). *Mixed-Methods Implementation Evaluation of Virtual Interview Training for Transition-Age Autistic Youth in Pre-Employment Transition Services* [Panel]. International Society for Autism Research annual meeting, virtual.
12. **Sherwood, K.**, Smith, M. J., Ross, B., Johnson, J., Harrington, M., Blajeski, S., Dawalt, L., Bishop, L., & Smith, J. D. (2021). *Mixed-Methods Implementation Evaluation of Virtual Interview Training for Transition-Age Autistic Youth in Pre-Employment Transition Services* [Symposium]. Gatlinburg conference, virtual.

13. **Sherwood, K.**, Kallen, M., Genova, H., Bishop, L., Dawalt, L., Smith, J. D., Harrington, M., Wellman, H., & Smith, M. J. (2021). *Initial Validation and Correlates of a Novel Measure of Job Interview Skills for Autistic Transition-Aged Youth*. Society for Social Work and Research conference, virtual.
14. Smith, M. J., **Sherwood, K.**, Ross, B., Smith J. D., Dawalt, L., Bishop, L., Humm, L., Elkins, J., & Steacy, C. (2021). *Virtual Interview Training for Autistic Transition-Age Youth: A Randomized Controlled Trial*. Society for Social Work and Research conference, virtual.
15. Smith, M. J., **Sherwood, K.**, Smith, J. D., Jordan, N., & Atkins, M. (2020). *Results of an Open Trial to Evaluate the Effectiveness of Virtual Reality Interview Training in Transition Age Autistic Youth*. International Society for Autism Research annual meeting, Seattle [cancelled due to COVID-19 pandemic].
16. Smith, M. J., **Sherwood, K.**, Smith, J. D., Jordan, N., & Atkins, M. (2020). *Results of an Open Trial to Evaluate the Effectiveness and Implementation of Virtual Reality Job Interview Training in n=279 Transition Age Youth with Educational Disabilities* [symposium], American Educational Research Association annual meeting, San Francisco.
17. **Sherwood, K.** (2020). *Job interviewing and vocational outcomes among transition-age youth with educational disabilities*. Michigan Council for Exceptional Children conference. Grand Rapids.
18. Smith, M. J., **Sherwood, K.**, Smith, J. D., Jordan, N., & Atkins, M. (2020). *Employment and Implementation Outcomes for Delivering a School-based Virtual Reality Job Interview Training Tool to Transition-Age Youth with Educational Disabilities*. Society for Social Work and Research conference, Washington, DC.
19. Smith, M. J., Pinto, R. M., Dawalt, L., Smith, J. D., **Sherwood, K.**, Miles, R., Taylor, J. L., Hume, K., Dawkins, T., Baker-Ericzen, M., Frazier, T., Humm, L., & Steacy, C. (2019). *Adapting virtual reality job interview training for transition-age youth on the autism spectrum*. Society of Social Work and Research conference. San Francisco.
20. Solomon, R., **Sherwood, K.**, & Zunk, C. Oral Presentation at the 2015 Ohio Center for Autism and Low Incidence conference, Columbus.

Poster Presentations

1. **Sherwood, K.**, Erickson, D., Burke-Miller, J., & Smith, M. J. (2026). *"I try to act like a neurotypical so it makes customers more comfortable": Exploring How Autistic Employees Camouflage at Work*. American Association on Intellectual and Developmental Disabilities annual conference. Chicago, IL.
2. **Sherwood, K.**, Kattari, S. K., Burke-Miller, J., & Smith, M. J. (2026). *Exploring the Mental Health Impact of Microaggressions Towards Autistic Adults in the Workplace*. International Society for Autism Research annual meeting, Prague, Czech Republic.
3. **Sherwood, K.**, Erickson, D., Kattari, S. K., & Smith, M. J. (2026). *"I Have Yet to See Employers Take Microaggressions Seriously": Potential Solutions for Reducing Microaggressions Towards Autistic Adults in the Workplace*. International Society for Autism Research annual meeting, Prague, Czech Republic.
4. **Sherwood, K.**, Erickson, D., Burke-Miller, J., & Smith, M. J. (2026). *"I Try to Act like a Neurotypical so It Makes Customers More Comfortable": Exploring How Autistic Employees Camouflage at Work*. International Society for Autism Research annual meeting, Prague, Czech Republic.
5. **Sherwood, K.** & Smith, M. J. (2024). *Prevalence and Experiences of Autistic Microaggressions in the Workplace*. International Society for Autism Research annual meeting, Melbourne, Australia.
6. Smith, M. J., **Sherwood, K.**, Genova, H., Ross, B., DaWalt, L., Bishop, L., Telfer, D., Brown, C., Sanchez, B., & Kallen, M. A. (2024). *Psychometric Properties of the Mock Interview Rating Scale for Autistic Transition-Age Youth*. International Society for Autism Research annual meeting, Melbourne, Australia.
7. Smith, M. J., **Sherwood, K.**, Sung, C., Williams, E. G., Ross, B., Sharma, S., Sharma, A., Harrington, M., Brown, C., Telfer, D., Bond, J., Toda, S., Kearon, D., Morrow, S., Lovelace, T., Dababnah, S., Kattari, S. K., Magaña, S., Watkins, T., Liggett, C., Riddle, E., Smith, J. D., Hume, K., Dawkins, T., Baker-Ericzen, M., Eack, S. M., Sinco, B., Burke-Miller, J., Olsen, D., Elkins, J., Humm, L., & Steacy, C. (2024). *Randomized Controlled Trial of Workchat: A Virtual Workday, Preliminary Findings*. International Society for Autism Research annual meeting, Melbourne, Australia.
8. **Sherwood, K.** & Smith, M. J. (2024). *Prevalence and Experiences of Autistic Microaggressions in the Workplace*. Illinois Center for Transition and Work Symposium, University of Illinois Urbana-Champaign.
9. Smith, M. J. & **Sherwood, K.** (2023). *Comparing the Effectiveness of Two Virtual Job Interview Interventions: Community Adaptation Matters*. International Society for Autism Research annual meeting, Stockholm.
10. Myszkowski, Z., Botticello, A., Maronna, B., Murphy, L., Smith, M. J., **Sherwood, K.**, & Genova, H. M. (2021). *Parental Perspectives of the Effects of the COVID-19 Pandemic on Young Adults with Autism: A Pilot Study*. International Neuropsychological Society conference, San Diego.

11. Smith, M. J., **Sherwood, K.**, Blajeski, S., Smith, J. D., Jordan, N., Ross, B., Smith Dawalt, L., Bishop, L., & Atkins, M. (2020). *Job interviewing and vocational outcomes among autistic youth*. International Society for Autism Research annual meeting, Seattle [canceled due to COVID-19 pandemic].
12. **Sherwood, K.** (2020). *Evidence-Based Practice for Pre-Employment Transition Services*. Michigan Leadership Education in Neurodevelopmental Disabilities (LEND) meeting, Michigan.
13. **Sherwood, K.**, Smith, M. J., & Dawalt, L. (2020). *Preliminary outcomes in transition-age youth with autism spectrum disorders engaged in a newly adapted virtual interview tool*. Society for Social Work and Research conference, Washington DC.
14. **Sherwood, K.** *Finding Supplemental Funding for Special Health Care Needs in Michigan*. Poster presentation at the 2019 MI-LEND Family Resource Project Symposium. West Bloomfield MI, November.
15. Smith, M. J., Pinto, R. M., Dawalt, L., Smith, J. D., **Sherwood, K.**, Miles, R., Taylor, J. L., Hume, K., Dawkins, T., Baker-Ericzen, M., Frazier, T., Humm, L., & Steacy, C. *Adapted virtual interview training for transition-age youth with autism reduces interview anxiety*. Poster presentation at the 2019 International Society for Autism Research (INSAR) Conference. Montreal, May.
16. **Sherwood, K.** *Adapting virtual reality job interview training for transition-age youth on the autism spectrum*. Poster presentation at the 2019 UM School of Social Work Student Learning Symposium. Ann Arbor, March.
17. **Sherwood, K.** *Eliminating Ableism in Higher Education with Universal Design for Learning*. Poster presentation at the 2019 UM School of Social Work Student Learning Symposium. Ann Arbor, March.

TEACHING EXPERIENCE

Spring 2026	Employment Strategies for People with Disability (RHS 410) Department of Educational Psychology, Counseling, and Special Education The Pennsylvania State University-University Park Instructor of Record
Fall 2026, Spring 2026	Disability Culture (RHS 100) Department of Educational Psychology, Counseling, and Special Education The Pennsylvania State University-University Park Instructor of Record
Summer, 2026, Fall 2025	Medical Aspects of Disability (RHS 403) Department of Educational Psychology, Counseling, and Special Education The Pennsylvania State University-University Park Instructor of Record
2022-Present	Introduction to Autism and Neurodiversity (Continuing Education Course) School of Social Work, University of Michigan Instructor of Record
Fall 2024	Psychology as a Natural Science (PSYCH 112) Department of Psychology, University of Michigan Graduate Student Instructor, under Dr. Brian Malley
Summer 2023	School Social Work Interventions (SW 628) School of Social Work, University of Michigan Instructor of Record
Fall 2022	Engaging Social Justice, Diversity, and Oppression in Social Work (SW 505) School of Social Work, University of Michigan Instructor of Record

INVITED GUEST LECTURES & PRESENTATIONS

2026	<i>Understanding Autism and Neurodiversity</i> University of Michigan, Continuing Education for Child Welfare Professionals
2025	<i>Understanding Autism and Neurodiversity</i> AnthroMed, In-service training for social workers
2024	<i>Embracing Neurodivergence in Public Service</i> Michigan Department of Civil Rights, Public forum
2023	<i>Autism Parent Panel</i> PSYCH 401 – Autism in the Mainstream Media Department of Psychology, University of Michigan
2022	<i>Neurodiversity and the Changing State of the Autism Field</i> DEI Lunch and Learn Department of Psychiatry, University of Michigan
2022	<i>Autism and Neurodivergence</i> SW 630 – Contexts of Life-course Development: Childhood, Adolescence, and Early Adulthood School of Social Work, University of Michigan
2021	<i>Autism Spectrum Disorder</i> SASS 504 – Theories of Human Development and Human Diversity Jack, Joseph and Morton Mandel School of Applied Social Sciences, Case Western Reserve University
2021	<i>Autism Spectrum Disorder</i> SW 630 – Contexts of Life-course Development: Childhood, Adolescence, and Early Adulthood School of Social Work, University of Michigan
2021	<i>Supporting College Students with Autism</i> Research Experience for Undergraduates (REU) Faculty Training Department of Chemistry, University of Michigan
2021	<i>Autism in Adulthood</i> Research Experience for Undergraduates (REU) Faculty Training Department of Chemistry, University of Michigan
2021	<i>Autism Spectrum Disorder</i> Research Experience for Undergraduates (REU) Faculty Training Department of Chemistry, University of Michigan
2021	<i>Autism Spectrum Disorder</i> SW 606 – Mental Health Disorders in Adulthood School of Social Work, University of Michigan

INVITED REVIEWS

2026	<i>Journal of Autism and Developmental Disorders</i>
2026	<i>BMC Medicine</i>
2026	<i>Discover Education</i>
2026	<i>Qualitative Social Work</i>

2026	<i>Frontiers in Education</i>
2026	<i>Discover Artificial Intelligence</i>
2024	<i>Journal of Special Education Technology</i>
2024	<i>Journal of Intellectual Disability Research</i>
2021-2023	<i>Qualitative Social Work</i>
2022	<i>Disability Studies Quarterly</i>
2021-2022	<i>Journal of Applied Research in Intellectual Disabilities</i>
2021	<i>Prevention Science</i>

TRAINING & CERTIFICATIONS

2020, 2024	Summer Program in Quantitative Methods of Social Research, Inter-University Consortium for Political and Social Research (ICPSR)
2023	NIH Implicit Bias training course
2023	Program for Education and Evaluation in Responsible Research and Scholarship (PEERRS) Responsible Conduct of Research & Scholarship training
10/2022	School Social Worker Certification
2018, 2021	Program for Education and Evaluation in Responsible Research and Scholarship (PEERRS) Human Subjects - Social & Behavioral Sciences course
11/2019	Training Institute for Dissemination and Implementation Research in Cancer (TIDIRC), National Cancer Institute
2019	U.S. Department of Education Family Educational Rights and Privacy Act (FERPA) Awareness Training
2019	CITI Health Information Privacy and Security (HIPS) for Clinical Investigators
2018	Collaborative Institutional Training Initiative (CITI) Good Clinical Practice course

TECHNICAL SKILLS

Grant writing
Intervention design and development
Evaluation and assessment
Data collection (interviews, observations, surveys)
Qualitative data analysis and coding (NVivo, Dedoose)
Quantitative data analysis (SPSS)
Database development and management (REDCap, Qualtrics)
Learning Management Systems (Canvas)

HONORS & AWARDS

2025	Rackham One-Term Dissertation Fellowship
2024	Rackham Graduate Student Research Grant
2024	American Association of Sexuality Educators, Counselors, and Therapists (AASECT) Sexuality Professionals Book Award (Professional Focus)
2024	Leonard Small Award
2023-24	School of Social Work Joint Doctoral Program Grant
2023-24	CEW+ Career Development grant
2021, 2024	INSAR Student and Trainee Travel Award
2022-24	CEW+ Mary Malcomson Raphael Scholar
2023	Barbara Oleshansky Memorial Fund Summer Research Award
2022	Barbara A. Oleshansky Memorial Fund & Hough Summer Research Fellowship
2022	UM Rackham Conference Travel Grant
2021-22	UM School of Social Work Henry J. Meyer Fellowship Award
2021	UM Department of Psychology Summer Research Award

2020-21	W.K. Kellogg Family Fellow in Children and Families
2019, 2022	John & Penny Tropman Conference Networking Travel Grant
2019-20	Michigan Leadership Education in Neurodevelopmental Disabilities (MI-LEND) Fellow
2019-20	UM School of Social Work Fellowship
2018	UM School of Social Work Michigan Scholar Program Scholarship
2018	UM School of Social Work Dean's Mission Scholarship
2018	Serco Inc. Excellence Award for exemplary efforts in support of Serco's Journey to Excellence
2016	BGSU F. Edwin and Margaret P. Harmon Scholarship Award
2015	Serco Inc. Excellence Award for quality control, testing, and functional reviews
2012	Serco Inc. On the Spot Award for outstanding contributions and going above and beyond expectations

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

2026-Present	American Foundation for Suicide Prevention - Eastern Pennsylvania Chapter, Board of Directors
2019-Present	International Society for Autism Research
2019-Present	American Psychological Association
2025-Present	American Association on Intellectual and Developmental Disabilities
2025-Present	Association for Rehabilitation, Research, Policy, and Education
2019-2024	Society for Social Work and Research
2016-2021	Pathway Inclusion Center Inc, Co-Founder & Board of Directors